

## CABLE CARS

Open daily from 15 June to 20 October 2024:

**Serfaus Underground:**  
from 7.45am to 5.15pm

**Komperdellbahn + Alpkopfbahn + Sunliner:**  
from 8.30am to 5pm

**Waldbahn + bike park:**  
Waldbahn from 8.30am to 5pm,  
Bikepark from 9am to 5pm

**Schönjochbahn I & II:**  
from 8.30am to 4.30pm

**Möseralmbahn + Sonnenbahn Ladis-Fiss:**  
from 8.30am to 5pm

Open daily from 22 June to 13 October 2024:

**Lazidbahn:**  
from 8.30am to 4.30pm

**Almbahn:**  
from 9.30am to 4pm



## BIKE SHOPS / RENTAL

**Bacher Sportcenter**  
Dorfbahnstraße 73  
6534 Serfaus  
Tel. +43/5476/53076  
www.bachersport.com

**Intersport Kirschner**  
Dorfbahnstraße 76  
6534 Serfaus  
Tel. +43/5476/60300  
www.intersport-kirschner.at

**Scott Bike Testcenter**  
Dorfbahnstraße 32  
6534 Serfaus  
Tel. +43/5476/6202-420  
www.scott-testcenter.com

**Sport Point by Hammerle**  
Dorfbahnstraße 46  
6534 Serfaus  
Tel. +43/5476/6249  
www.sport-point-serfaus.at

**Bikepark Serfaus-Fiss-Ladis**  
Fisser Straße 50  
6533 Fiss  
Tel. +43/5476/53077-20  
www.bikepark-sfl.at

**Intersport Pregarzer**  
Seilbahnstraße 42  
6533 Fiss  
Tel. +43/5476/20086  
www.intersport-pregarzer.com

**Sport Schmid**  
Seilbahnstraße 36  
6533 Fiss  
Tel. +43/5476/20122  
www.sport-schmid.at



## PRICES BIKE TICKETS

**Prices with Super. Summer. Card.**  
All guests, staying at one of the designated partner accommodations, receive the Super. Summer. Card. In the accommodation at check-in for the duration of their stay.

## ALL MOUNTAIN BIKE TICKET

	Adult	Youth age group 2005-2008	Kids age group 2009-2017
Ascent with bike	29.00	13.00	10.50
1/2 day (from 11.30am)	45.50	39.50	36.00
2 days	53.00	47.00	41.50
3 out of 7 days (name)	138.50	120.50	110.00
4 out of 7 days (name)	174.50	150.00	136.50
5 out of 7 days (name)	207.00	176.50	163.50
6 out of 7 days (name)	238.00	202.00	189.50
Season pass (name+photo)	395.00	335.00	320.00

The ticket is valid at the bike park and all trails! Unlimited trips including bike transport on the following cable cars: Sonnenbahn Ladis-Fiss, Schönjochbahn I & II, Almbahn, Alpkopfbahn, Komperdellbahn, Lazidbahn, Sunliner and Waldbahn. No bike transport possible on the Möseralmbahn. Usage of the parcours at the Waldbahn bottom station is free of charge.

## TICKET BIKE TRANSPORT

**Bike transport** (per ascent)

	Adult	Youth age group 2005-2008	Kids age group 2009-2017
Schönjochbahn I & II, Waldbahn, Sunliner, Alpkopfbahn, Komperdellbahn, Lazidbahn	13.00	10.50	6.50

When using both sections directly one after the other (Fiss-Schönjoch, Serfaus-Lazid, Alpkopfbahn), the fee will be charged only once.

	Adult	Youth age group 2005-2008	Kids age group 2009-2017
Sonnenbahn Ladis-Fiss	6.50	5.00	4.00
5x bike transports	59.50	47.50	30.50
10x bike transports	108.00	86.50	55.00

### General information:

All prices in Euros and incl. VAT - prices subject to change!  
Entry with KeyCard is contactless. Kids are only allowed to use the single trails when accompanied by an adult (over 18) who is obliged to supervise the child and also check his/her equipment.

## MOUNTAIN BIKE TOURS

**7104 Serfaus-Fiss-Ladis Family Tour** easy

Start/finish Bikepark

↔ 12.5 km | ▲ 104 m | ▼ 350 m | ⚡ 1,531 m

**7095 Rabuschl Family Tour** easy

Start/finish Bikepark

↔ 10.8 km | ▲ 269 m | ▼ 273 m | ⚡ 1,631 m

**766 Obladis Family Tour** easy

Start/finish Bikepark

↔ 9.3 km | ▲ 160 m | ▼ 434 m | ⚡ 1,532 m

**7105 Wode tower Neuegg Family Tour** easy

Start/finish Bikepark

↔ 14.4 km | ▲ 254 m | ▼ 503 m | ⚡ 1,654 m

**761 Komperdell Tour** medium

Start/finish Bikepark

↔ 17.4 km | ▲ 650 m | ▼ 645 m | ⚡ 2,022 m

**731 Gample Tour** medium

Start/finish Bikepark

↔ 17.8 km | ▲ 737 m | ▼ 732 m | ⚡ 1,872 m

**763 Römerweg Tour** medium

Start/finish Bikepark

↔ 20.3 km | ▲ 766 m | ▼ 746 m | ⚡ 1,484 m

**759 Asterhöfe Tour** medium

Start/finish Bikepark

↔ 29 km | ▲ 854 m | ▼ 915 m | ⚡ 1,437 m

**732 Schöngampalm Tour** medium

Start/finish Bikepark

↔ 27.5 km | ▲ 726 m | ▼ 716 m | ⚡ 1,880 m

**7102 Lazidkopf Enduro Tour** difficult

Start/finish Bikepark

↔ 27.2 km | ▲ 1,066 m | ▼ 1,071 m | ⚡ 2,340 m

**730 Fisserjoch Tour** difficult

Start/finish Bikepark

↔ 31.2 km | ▲ 1,190 m | ▼ 1,180 m | ⚡ 2,590 m

**7100 SFL Extreme Tour** difficult

Start/finish Bikepark

↔ 57.8 km | ▲ 2,060 m | ▼ 2,047 m | ⚡ 2,491 m

**Track condition:**

asphalt	forest/meadow trail	gravel
trail	pushing section	cable car

## LEGEND

- Information
- Parking garage
- Wheelchair accessible toilet
- Bike wash station
- Underground
- Restaurant (with playground)
- Starting point MTB tour
- Charging station
- Hikers' bus
- Snacks, Kiosk
- Barbecue area
- Power connection (battery charger necessary)
- Parking area
- Toilet
- Bike shop/rental
- Service station/toolkit

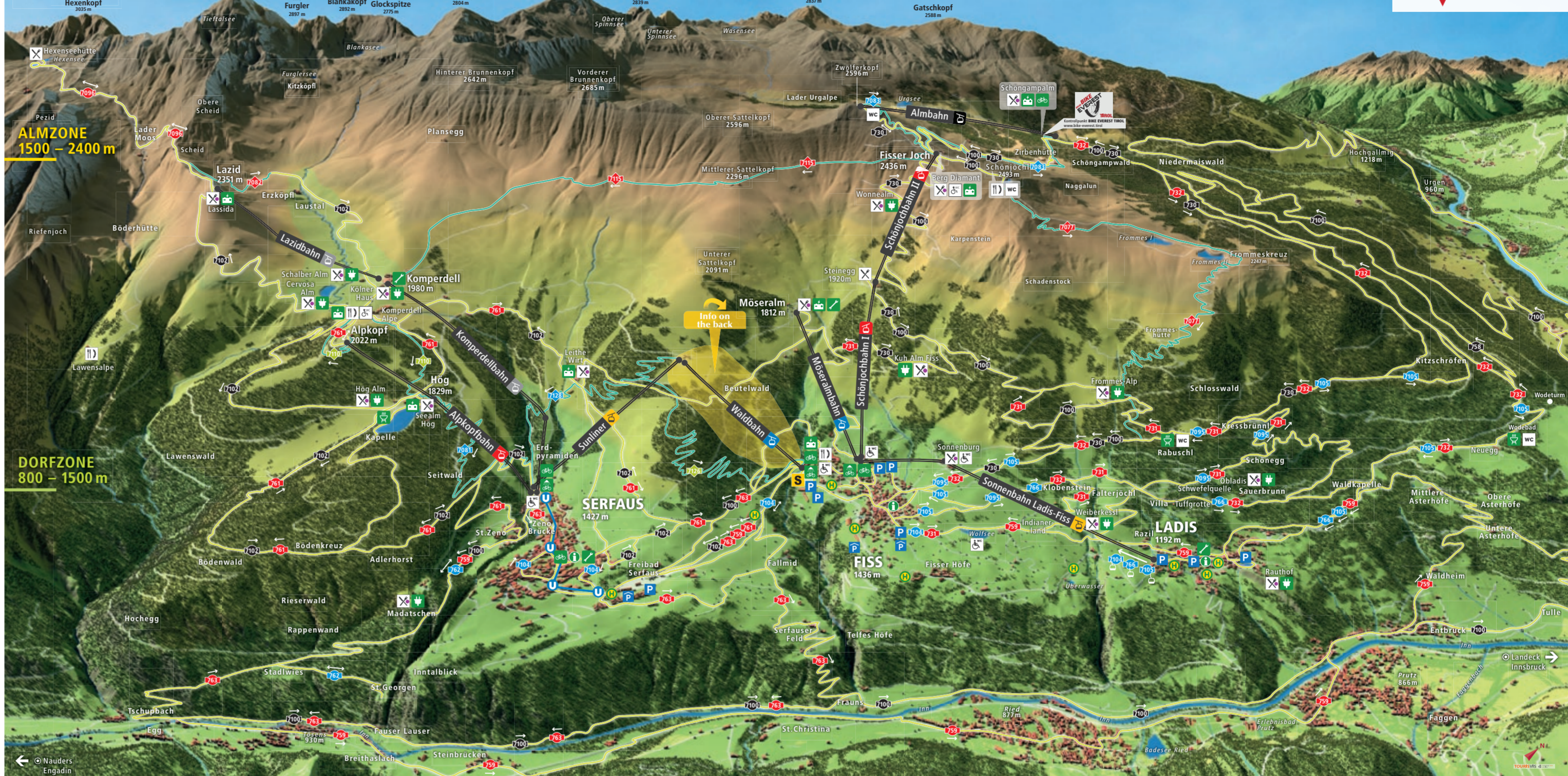
**Mountain bike tour**

**Single trail**

EASY MEDIUM DIFFICULT

VERY EASY EASY MEDIUM DIFFICULT

## ALPINE ZONE 2400 – 3000 m



## MTB TOURS LEVELS OF DIFFICULTY

**EASY** Cycle path with a good surface (fine gravel, asphalt or comparable surface) which is family-friendly and suitable for ordinary bikes, uphill and downhill gradients between 0% and 5%, on short trails maximum 10%. Alternating uphill and downhill sections, no continuous uphill. Vehicle-free or little used by road vehicles. There are no particularly dangerous sections or, if so, they are indicated by special signposting.

**MEDIUM** Requires sports cycling ability and especially knowing how to ride defensively. Mountain biking equipment is recommended. Uphill and downhill sections between 5% and 12%, on short trails up to a maximum of 17%. The trail has blind bends. Bikers must expect to encounter road vehicles taking up the full width of the path. The composition of the path, including the quality of the surface, drainage facilities (e.g. channel drains), closure devices (e.g. barriers), the safety measures (e.g. missing railings and fences) and notices about dangerous sections are all intended for farm and forestry traffic using tractors and HGVs. Such installations could in themselves pose a danger to bikers. Bikers must at all times be prepared to come across trails closed for operational reasons (e.g. logging and transport), materials stored on or by the trail, equipment and stored machinery and sections which have become dangerous as a result of natural events. Steep slopes adjoining the trail are not made safe.

**DIFFICULT** Demanding MTB trail with numerous dangerous sections exceeding the maximum gradient of the red trails and with much more difficult features. MTB equipment is obligatory. Bikers must keep their wits about them at all times and think ahead.

## SINGLE TRAILS

<b>7110 Alpkopftrail</b> <span style="float: right;">Level: S0</span>	<b>7115 Jochtrail</b> <span style="float: right;">Level: S2</span>
↔ 2.6 km   ▲ 0 m   ▼ 182 m   ⚡ 2,021 m	↔ 5.8 km   ▲ 28 m   ▼ 508 m   ⚡ 2,431 m
Start Alpkopf	Start Fisser Joch
<b>7126 Bifitrail</b> <span style="float: right;">Level: S0</span>	<b>7077 Frommestrail</b> <span style="float: right;">Level: S2</span>
↔ 6.9 km   ▲ 5 m   ▼ 390 m   ⚡ 1,840 m	↔ 8.7 km   ▲ 19 m   ▼ 894 m   ⚡ 2,489 m
Start Sunliner/Waldbahn	Start Schönjoch
<b>7081 Högtrail</b> <span style="float: right;">Level: S1</span>	
↔ 3.8 km   ▲ 0 m   ▼ 355 m   ⚡ 1,814 m	
Start Hög	
<b>7128 Leithet trail</b> <span style="float: right;">Level: S1</span>	
↔ 4.3 km   ▲ 0 m   ▼ 310 m   ⚡ 1,840 m	
Start Sunliner/Waldbahn	
<b>7083 Zirbentrail</b> <span style="float: right;">Level: S1</span>	
↔ 9.1 km   ▲ 0 m   ▼ 790 m   ⚡ 2,590 m	
Start Zwölferkopf	
<b>7082 Scheidtrail</b> <span style="float: right;">Level: S2</span>	
↔ 2.3 km   ▲ 0 m   ▼ 212 m   ⚡ 2,314 m	
Start Lazid	



## SINGLE TRAIL GUIDELINE

If you're not sure in which order you should ride the trails and improve your skills, just use the following guideline.

VERY EASY | EASY

7110 ALPKOPFTRAIL	S0
7126 BIFITRAIL	S0
7081 HÖGTRAIL	S1
7128 LEIETHETRAIL	S1
7083 ZIRBENTRAIL	S1
7082 SCHEIDTRAIL	S2
7115 JOCHTRAIL	S2
7077 FROMMESTRAIL	S2

MEDIUM

## SINGLE TRAIL LEVELS

**S0: VERY EASY**  
For beginners! Basic mountainbike riding technique required such as balance and braking skills, in general little or no trail experience.

**S1 – S2: EASY**  
For beginners and intermediates! Intermediate mountainbike riding technique required such as good balance and good braking skills, good weight shifting to overcome obstacles, good ability of riding turns, jump technique maybe required in parts of the trail, generally trail experience required.

**S2 – S3: MEDIUM**  
For intermediates! Already special mountainbike riding technique required such as very good balance and very good braking skills, very good weight shifting to overcome obstacles, very good ability of riding turns, jump technique required, lot's of trail experience required.

© Land Tirol

## EMERGENCY SIGNS

(attached to the signposts)  
They are located on all major crossings and contain important information about your location in case of emergencies.

**000.001** Signpost number

**140** Alpine emergency (number mountain rescue)

**112** International emergency number

## BIKE MAP. 2024. BIKE TOURS. SINGLE TRAILS. WE ARE FAMILY.®

+ 140

BIKE-SFL/AT/EN

## IMPORTANT TIPS

**Before the bike tour:**  
Inform other people about your programme during the day. Check the weather conditions (thunderstorm danger).

**The right equipment for bike tours:**

- › backpack or bike bag
- › repair kit or tube
- › bicycle pump, small tool
- › first-aid kit
- › helmet, windproof / rainproof clothing
- › change of clothes
- › food and drinks
- › some money - just in case
- › trainers
- › emergency numbers
- › check brakes, tyres, shifting system and light

MUST HAVES



## ONLINE GPS TOURS

Discover all GPS coordinates of the routes already mentioned as well as of numerous other routes online with our route planner or our interactive overview map.

Simply scan the relevant QR code.

**Interactive overview map:**  
maps.serfaus-fiss-ladis.at



**Route planner:**  
bike-sfl.at



## RULES / CODE OF HONOUR

- Mountain bike tours:**
- › Keep your speed under control and be ready to stop at all times, especially on blind bends. Be prepared for unexpected obstacles (potholes, stones, branches, stockpiled timber, livestock, cattle grids, gates, tractors, forestry plant, authorized vehicles).
  - › Show consideration for pedestrians. Overtake at walking pace only.
  - › Check the degree of difficulty of the trail, and never exceed your level of ability and experience. Always wear a helmet and check your equipment before starting out (brakes, bell, lights).
  - › Respect all closures, and remember that the trail is primarily for agriculture and forestry. Be sure to close all gates.
  - › Respect all forms of natural life. Do not disturb large game. Do not leave the signposted route. Never cycle where there is no official trail. Time your ride to be back before dusk. Leave no litter.
- Single trails:**
- › Beware! No checks are made on the condition of the trail and bikers using the trail do so at their own risk. Riders must be in control at all times and have a clear line of sight.
  - › Keep to the trail and always show consideration for walkers, livestock and game. Always close the gates.
  - › Be alert at all times to the hazards of the mountain environment.
  - › Leave no trace. Don't cut switchbacks. Blocked rear wheels damage the trail.
  - › Child seat & trailer forbidden on the single trails.
- © Land Tirol





**Opening times:**  
From 15 June to 20 October 2024,  
daily from 8.30am to 5.30pm.

**Info & registration:**  
Tel. +43/5476/53077-20  
bikeschule@bikepark-sfl.at

More info:



The bike school is located directly at the Bikepark Serfaus-Fiss-Ladis. No matter if you are a beginner or advanced biker – there is something to offer for every level of ability. Trained mountainbike guides help to improve your riding technique step by step and show you everything you need to know to master the bike park trails and obstacles ever more precisely – from the right way to brake, basic position, to turning and downhill techniques.

The courses are tailored to the individual needs of participants. That way, no matter your requirements, the courses are guaranteed to advance your skill level. But there's more to discover than trails and our bike park. We know the best tours in the area with the most beautiful viewpoints and huts to stop by for a cosy break. Each programme is individually tailored to the group.

We recommend to book a bike school course in advance, as we cannot guarantee availability during the week. Please note that all times indicated are the course start times. Before the start of the course, we ask you to arrive up to 30 minutes early up to one hour during peak season. This is necessary for equipment fitting and ticket purchase. Due to availability, it is highly recommended booking the necessary equipment in advance.

## COURSES

All courses: guide only. Bike ticket not included. Minimum of 3 participants.  
Get 10% discount at our rental shop during course duration. See rental prices in the right column.

### KIDS & YOUTH

Course	Age	Duration	Description	Price	Discounted Price
<b>Squirrels</b>	3 - 5 years	1 hour	The focus is on having fun on the bike with the first braking and cornering exercises.	24.50	23.00
<b>Squirrels +*</b>	3 - 5 years	1 hour	The fun goes on: After the Squirrels course (prerequisite) we move on to the first small trail.	24.50	23.00
<b>Foxes</b>	6 - 7 years	1.5 hours	On the flat and in the pump track we train the basics to be able to master the first small trail.	36.50	33.50
<b>Foxes +*</b>	6 - 7 years	2 hours	After the Foxes course (prerequisite) we go steeply uphill and master our first blue trail.	49.00	44.50
<b>Chamois</b>	8 - 11 years	3 hours	After the first exercises and training tracks, we will go on our first blue trail.	61.00	55.50
<b>Chamois +*</b>	8 - 11 years	3 hours	After the Chamois course (prerequisite) we hone our technique for more flow and fun on the trail.	61.00	55.50
<b>Chamois Camp (3 levels)</b>	8 - 11 years	3 days 3 hours each	Biking technique training according to biking skills (Beginner, Advanced, Expert).	170.00	153.00
<b>Youngster</b>	12 - 15 years	3 hours	After the first exercises and training routes, we go on our first blue trail.	61.00	55.50
<b>Youngster +*</b>	12 - 15 years	3 hours	After the Youngster course (prerequisite) we hone our technique for more flow and fun on the trail.	61.00	55.50
<b>Youngster Camp (3 levels)</b>	12 - 15 years	3 days 3 hours each	Biking technique training according to biking skills (Beginner, Advanced, Expert).	170.00	153.00
<b>Jump &amp; Drop</b>	from 10 years	2 hours	We improve our drop and jump technique for more air time and height.	49.00	44.50

\* There is the possibility to book a course with more advanced technique with OK of the guide:  
Squirrels + | Foxes + | Chamois + | Youngster +.

### ADULTS

<b>Get MTB ready</b>	from 16 years	5 hours	Beginner course, training area and single trails.	116.00	105.00
<b>Get the FLOW</b>	from 16 years	5 hours	Advanced course, single trails and bike park.	116.00	105.00
<b>Women's Camp &amp; Men's Camp</b>	from 16 years	3 days	06.09. - 08.09.2024	299.00	269.00
<b>Women's Workshops</b>		1 day	Learning from the professional. Beginners: 23.06.2024 & 10.08.2024. Advanced: 21.07.2024, 11.08.2024 & 01.09.2024	119.00	107.00
<b>TOURS</b>					
<b>MTB Tour</b>		5 hours	Tour, enjoyment, refreshment, trail ride.	97.00	88.00
<b>Trail Day</b>		5 hours	A day on the trail for advanced bikers.	97.00	88.00
<b>Early Ride</b>	from 16 years	4 hours	First ride for bikers, be the first on the Frommestrail, breakfast included.	104.00	97.00

### PRIVATE COURSE

<b>Courses can be individually tailored, be it experiencing a bike tour or focusing on your riding technique. Everything is possible. Courses on request.</b>	1 hour	85.00	75.50
	2 hours	160.00	141.00
	3 hours	235.00	206.50
	4 hours	305.00	272.00
	5 hours	370.00	343.00
3 persons included, guide only, without bike ticket and gear.	each additional person	28.00	20.00

## PRICES BIKE TICKETS

**Prices with Super. Summer. Card.**  
All guests, staying at one of the designated partner accommodations, receive the Super. Summer. Card in the accommodation at check-in for the duration of their stay.

### ALL MOUNTAIN BIKE TICKET

	Adult	Youth age group 2005-2008	Kids age group 2009-2017
Ascent with bike	29.00	13.00	10.50
4 hours (only bike park)	45.50	39.50	36.00
extension ticket (4h - 1 day)	13.00	12.00	11.00
1/2 day (from 11.30am)	45.50	39.50	36.00
1 day	53.00	47.00	41.50
2 days	101.00	88.50	80.50
3 out of 7 days (name)	138.50	120.50	110.00
4 out of 7 days (name)	174.50	150.00	136.50
5 out of 7 days (name)	207.00	176.50	163.50
6 out of 7 days (name)	238.00	202.00	189.50
Season pass (name+photo)	395.00	335.00	320.00

The ticket is valid at the bike park and all trails! Unlimited trips including bike transport on the following cable cars: Sonnenbahn Ladis-Fiss, Schönjochbahn 1 & II, Almbahn, Alpengabhorn, Kompredellbahn, Lazidbahn, Sunliner and Waldbahn. No bike transport possible on the Möseralmbahn. Usage of the parcours at the Waldbahn bottom station is free of charge.

### Gravity Card

Season pass for 31 European bike parks.

Validity: 06.04. - 10.11.2024	Adult	Youth*	Kids*
Please note the opening times!	629.00	469.00	315.00

\* Youth age group 2005-2007, Kids age group 2008-2017. More info online on gravity-card.com.

## BIKE SHOP & RENTAL

The bike shop, located directly at the Waldbahn bottom station, offers everything related to gravity sports. Test and rental bikes by the exclusive bike park partner Propain are waiting to be taken down the trails by you. With the kids freeride bikes „Frechdax 20“ and „Yuma 24“ we offer bikes especially for the young talents. There are 20“ 16“ bikes and push bikes for the Kids Park. Alongside bikes, you will find everything you need for a great freeride day in the well-stocked shop – from protective clothing to break pads.

### Get the right info:

In our bike shop, you'll find everything you need to know about the bike park. Info about routes, offers for camps and courses, and one or the other tip by expert bike park & freeride guides.

### Opening times:

Daily from 8.30am to 5.30pm.

### Further info:

Tel. +43/5476/53077-20  
info@bikepark-sfl.at

### RENTAL PRICES 1

	Bikes DH/ED	24" Youth- Freeridebike	Kids MTB 16/20/24"
<b>Bikes: Downhill/Enduro</b>			
1/2 day	83.00	78.00	43.00
1 day	109.00	102.00	60.50
2 days	204.00	192.00	112.00
3 days	295.00	279.00	156.00
4 days	370.00	350.00	195.00
5 days	420.00	398.00	226.00
<b> Dirt bikes*</b>	29.00	1/2 day	25.00
<b>SFL push bikes (max. 2h)</b>	10.00	Depot	

### Bike + protective gear

1/2 day	101.00	94.00	63.00	59.00
1 day	125.00	116.00	76.50	72.00
2 days	230.00	218.00	136.00	130.50
3 days	335.00	317.00	191.00	181.50
4 days	421.00	399.50	242.00	229.00
5 days	472.00	448.00	272.00	259.50
Only protective gear	19.00	per day	18.00	per day
Only helmet	11.00	per day	11.00	per day

1 10% discount at our rental shop during courses at the Serfaus-Fiss-Ladis Bike School. Insurance (optional): damages up to €500 are insured against a surcharge of 10% of the respective rental price.

2 Kids MTB and push bikes are only to be used in the Kids Park and on the pump track.

3 Dirt bikes are not to be used on the bike park trails.

### General information:

All prices in Euros and incl. VAT - prices subject to change!  
Entry with KeyCard is contactless. Kids are only allowed to use the single trails when accompanied by an adult (over 18) who is obliged to supervise the child and also check his/her equipment.

### Content/concept/design:

Serfaus-Fiss-Ladis Tourist Board  
Gänsackerweg 2, 6534 Serfaus  
info@serfaus-fiss-ladis.at  
www.serfaus-fiss-ladis.at

Photos: Manuel Kokseder, Raphael Pöham, Maria Knoll, Rudi Wyhidal  
Printed by: Druckerei Seebacher, Hermagor

The information on these pages has been compiled with great care but is always subject to change. The publisher, however, shall not be held liable for such changes.

## SAFETY

### Tip for bike park newbies:

If it is your first time in a bike park, we recommend that you book a bike guide. He will carefully introduce you to all challenges and explain everything you need to know.

### Tip for the more advanced bike park riders:

Approach the trails and tracks step by step. We recommend the Milky Way (1) for the 1st run. The next difficulty is from Milky Way into the Vuelta (2) into the Morning Glory (3) which is the preferred warm-up run for even the best bike park riders. After Morning Glory continue on Milky Way. Before venturing onto the red trails you should have mastered all blue trails with ease.

### PRE-RIDE

Warm up sufficiently and inspect the trail at a comfortable speed.

### RE-RIDE

Repeat runs on the same trail in order to become secure and to get to know the trail and your gear.

### FREE-RIDE

Start small and approach bigger challenges step by step.

## REQUIRED EQUIPMENT

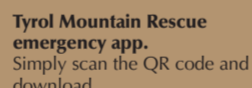
Riding the bike park is only permitted with a suitable equipment as follows.



## EMERGENCY SIGNS

Please pay attention to the emergency signs. They are located on all major crossings and contain important information about your location in case of emergencies.

+43/5476/53077-25



Tyrol Mountain Rescue emergency app. Simply scan the QR code and download.

## ROUTES

### EASY

Ideal and a lot of fun for riders with little experience in bike parks are the blue marked „easy trails“. Have fun!

- MILKY WAY (3,000 m)
- VUELTA (170 m)
- MORNING GLORY (750 m)

### MEDIUM

Routes marked in red are perfect for the advanced bikers. Jazzed up with wider jumps and steeper berms, they promise a pure freeride feel.

- STRADA DEL SOLE (2,805 m)
- SUPERNATURAL (610 m)
- FREERIDE-TRAIL (370 m)
- SUPERNATURAL 2.0 (1,850 m)

### EXPERT

Routes marked in black are the experts' playground. Thick roots, jumps, rock gardens, drops and other challenges can be found along the Enduro-Freeride (21) and Downhill trail (22). In steep terrain they bring action and excitement for experienced bikers.

- HILL BILL (2,450 m)
- DOWNHILLSTRECKE (1,480 m)

Route	Level of Obstacles
Blue line	EASY
Red line	MEDIUM
Black line	DIFFICULT
Diagonal hatched	NORTH SHORE

## ROUTE GUIDELINE

Route	Level
1	BEGINNER
2	BEGINNER
3	BEGINNER
12	MEDIUM
11	MEDIUM
13	MEDIUM
14	MEDIUM
22	EXPERT
21	EXPERT

## LOWER ZONE

### T TRAINING AREA

Several obstacles with low difficulty level to warm up for forthcoming downhill runs. This area is also suitable for different skill- and balance exercises.

### S SLOPESTYLE

Jumps and obstacles in varying degrees of difficulty are to be overcome here.

### B LANDING BAG

The landing bag – ideal for all riders who want to practice their tricks in the air and don't want to take a high risk of injury.

### P PUMPTRACK

The pumptrack is all about being the fastest, making as many rounds as possible without pedalling, and discovering creative combinations. The ideal track to playfully improve riding style and pumptrack skills.

### K KIDS PARK

While the "old ones" let off steam on the plentiful tracks around the Waldbahn, the Kids Park in the bottom station offers bike fun for the little ones.



## LEGEND

- P Parking area
- TT Snacks, Kiosk
- 🚲 Bike shop/rental
- 🚿 Bike wash station
- 🔌 Charging station
- T Training Area
- S Slopestyle
- B Landing Bag
- P Pumptrack
- K Kids Park
- Blue line: easy
- Red line: medium
- Black line: difficult
- Diagonal hatched: Forest road

## INFOBOX

**Opening times bike park:**  
From 15 June to 20 October 2024,  
daily from 9am to 5pm.

**Further info about bike park:**  
Tel. +43/5476/53077-20,  
bikepark-sfl.at,  
info@bikepark-sfl.at.

**Serfaus-Fiss-Ladis Tourist Board:**  
Tel. +43/5476/6239,  
Fax +43/5476/6813,  
serfaus-fiss-ladis.at,  
info@serfaus-fiss-ladis.at.

### Welcome to the Bikepark Serfaus-Fiss-Ladis

Tyrol's largest bike park is particularly popular for its well-maintained trails for every type of gravity rider – no matter if newcomer, freerider or downhiller. From gentle, banked cruisers through the forest, speedy freeride trails with endless airtime and tons of fun to mostly natural trails – the bike park offers everything you wish for! Recharge your batteries with fresh made delicacies in the chill area at the bottom station and go on for more.

## BIKEPARK RULES

Use of the bike park entails certain risks, even if these risks can be minimized using common sense and by complying with some simple rules.

To warrant safety and fun for all users on the mountain, we ask you to respect the following rules:

- Wearing a helmet and knee protection is compulsory at the bike park. Further protective gear and a full-face helmet is recommended.
- Im Bikepark gilt eine Helm- und Knieprotektoren-Pflicht. Weitere Schutzausrüstung sowie Fullfacehelm wird empfohlen.
- Only use fully serviced bikes, that are suitable for bike parks.
- Riding at the bike park is only permitted with a valid bike park ticket. Kids younger than 10 must be accompanied by an adult. Parental consent is required for kids aged between 10 and 16.
- Driving off the tracks is strictly prohibited.
- Riding or pushing uphill is strictly forbidden on all trails.
- Before hitting the trails, access the risk and make a first ride to inspect the trails. Adjust your speed to your skills and characteristics of the tracks.
- Maintaining proper conduct on the tracks is vital to ensure your safety and those of other riders.
- Riding with child seats and trailers is not allowed on any trail.
- Respect all track closures and follow the instructions of staff.
- Show consideration for other people and animals roaming freely in nature.

Riding on the bike parks trails and zones is at your own risk. No liability is assumed for accidents or damages. As a biker you execute your sport at your own risk. You are aware that this sport is associated with unusual risks and are therefore in the possession of a private accident insurance and personal liability insurance for damages incurred to third parties. The operator is not liable for any damage, with the exception of personal injury, if the damage is not based on the intentional or grossly negligent behaviour of the bike park operator, their legal representatives or their agents and the behaviour that caused the damage does not relate to the bike operator's main duties according to the concluded contract. This disclaimer does not apply to totally unforeseeable or atypical damage that the user could not reasonably expect.

Please note: Parts of the trail may be closed for maintenance works.



+43/5476/53077-25

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